Physical Development

Please complete a physical activity **everyday** to keep you healthy! Joe Wicks is doing a daily live stream so you can join in with his PE lesson from your living room!

[https://www.youtube.com/channel/UCAxW1XT0iEJo0TY1Rfn6rYQ](https://www.youtube.com/channel/UCAxW1XT0iEJo0TY1Rfn6rYQ)

or choose one yoga session to complete

[https://www.youtube.com/results?search_query=cosmic+kids+yoga](https://www.youtube.com/results?search_query=cosmic+kids+yoga)

Reading

Listen to a story **everyday**. This will help you to develop your listening, understanding and vocabulary skills and your understanding of characters, settings and story structure.


You can find a selection of ebooks here-
[https://www.oxfordowl.co.uk/](https://www.oxfordowl.co.uk/)

**class login** is: MelcombeNursery (make sure you use the class login) **password: superstars**

**Phonics** - Twinkl is free at the moment so please choose **phase 1** activities to complete **everyday**.

[https://www.twinkl.co.uk](https://www.twinkl.co.uk)

If you’re in Samina’s Blue group, please choose **phase 2** activities to complete **everyday**.
Personal, Social, Emotional Development

Topic: Being kind!

**Monday** - Listen to each story and talk about it with your parent/carer.

Listen to the story ‘Kindness is cooler, Mrs Ruler’

[https://www.youtube.com/watch?v=9qKd3w1RsE0](https://www.youtube.com/watch?v=9qKd3w1RsE0)

**Tuesday** - Listen to the story ‘The Lion and the Mouse’ There are activities at the end of the story so continue to watch and listen.

[https://www.youtube.com/watch?v=DHXPl2W3Arg](https://www.youtube.com/watch?v=DHXPl2W3Arg)

**Wednesday** - Listen to the story ‘The Snail and the Whale’

[https://www.youtube.com/watch?v=EmMnaSkeKqQ](https://www.youtube.com/watch?v=EmMnaSkeKqQ)
**Thursday** - Listen to the story ‘A Home for Bird’

https://www.youtube.com/watch?v=gO2HtOh9f3A

![A Home for Bird](image)

**Friday** – Listen to ‘Have you filled your bucket today?’

https://www.youtube.com/watch?v=jgWS4ZYKxqk

![Have You Filled a Bucket Today?](image)

**Mathematical Development**

*Everyday* ....practise number formation for numbers 0-10

Orally, count forwards as far as you can go.

Can you count backwards from 10? 20?

Start counting from a different number, for example, start to count from 3 instead of 1. And then on...
Monday

Let’s be shape detectives!

Let’s go on a 3D shape hunt.

square  circle  triangle  rectangle

Notes for parents or teachers

This week we are looking at 2D shapes language. The key words we will be using are square, circle, triangle and rectangle but you can include any additional 2D shapes.

First, review the shapes together by looking at the 2D shapes above. Ask the child to describe each shape to you. How do they know it’s a square? How do they know it’s a circle? What’s the difference between a square and a rectangle?

Now let’s go on a shape hunt. You could make this fun by setting a timer or having mission impossible countdown on! you can find this on YouTube https://tpet.me/missionimpossible

Start with a 3 minute timer and gradually make it more tricky with just 1 minute.

Get the child to shout out a shape name, set the timer and you must go and find an object that is the same as the shape called out and bring it back.

Now swap – you call out a 2D shape and the child must go and find an object that is the same as the shape you called out and bring it back.

Why not set a challenge to see who can find the most squares in 3 minutes?

Tuesday
Let’s be measuring detectives!

Which food is heaviest? Which food is lightest?

Notes for parents or teachers

This week we are looking at measuring language for weight. The key words we will be using are **heavy**, **light**, **heavier**, **lighter**, **heaviest** and **lightest**.

Work together to gather a variety of food items. If you have weighing scales, great! If not don’t worry, this activity works just as well, if not better by getting the children to actively compare objects by holding them.

Take it in turns to pick an item, so that you have 2 food items to compare.

Which do you think is heaviest? Encourage the child to pick up each item individually and make an assessment. Why? How can we find out? At this point you would take about using measuring scales. If you do not have scales to use then model picking up the 2 items (one in each hand if possible) and gauging which item feels heavier.

“The tinned tomatoes are heavier than the apple”. The apple feels lighter”.

Could you set a challenge of ordering 5 of the food objects from heaviest to lightest? This is a great challenge because it requires lots of direct comparisons.

If the child seems confident with the activity, challenge them to 10 items.

Let’s be hide and seek detectives!

Where in the world is bear?

Notes for parents or teachers

This week we are looking at positional language. The key words we will be using are **behind**, **on top**, **under**, **between**, **next to**, **above**, **inside**.

Ask the child to pick out their favourite toy - we are going to use this for a game. Make sure it is suitable in size as they will need to be able to hide it when you eventually play the game.

Start with the toy and a cardboard box. First we need to practice our instructions for the game...

Place the toy inside the box. Ask the child where it is... “It’s inside the box”.

Now place the toy on top of the box. Repeat. Place the toy next to the box. Repeat.

Use repetition of the key words to reinforce them.

Now let’s play hide and seek. Hide the toy first and then give the child a clue... this will model how to play the game. E.g. “The toy is next to your favourite book”.

Now let them hide the toy and give you a clue. Encourage the use of key words.
Thursday

Let’s be dot counting detectives!

Can you count the dots on the dominoes?

Notes for parents or teachers

This week we are looking at counting language. The key words we will be using are numbers 1 to 12, count, dots, total, altogether, add.

Teach your child how to play dominoes

This is a great game to help children practise counting and quickly recognising numbers represented as dots.

Once you have played the game once, challenge them to play a second game but this time they must find the total of the 2 numbers that touch together each time by counting all the spots.

Friday

Let’s be counting detectives!

Can you count the skittles?

Notes for parents or teachers

This week we are looking at counting language. The key words we will be using are numbers 1 to 20, the same, count, counting, numbers.

Buy some skittles. Can you count how many there are of each colour? Make sure they touch and move each skittle as they count.

Can they create a number label for each colour?

Rearrange the same skittles so they just take up more space. Can they say how many there are now? Do they realise the number is still the same?

Use 2 or 3 colours to make a continuous repeating pattern all around the edge of a plate. Now pour some warm water into the middle and watch the patterns swirl.

Here are activities based on the story ‘The Snail and the Whale’
Circle all the animals you can find. Now count them, many did you find?
Can you make your own snail using playdough (mix flour, water or hair conditioner and food dye). What shape will the shell be?

Make a healthy vegetable snail snack. Watch the following video...
https://www.youtube.com/watch?v=c_LwRSVpaWo